

**One to One Transition Support  
For 16 – 25 year olds from Croydon**

'Go Further Go Higher' offers emotional well-being support for young people making the transition into, out of, as well as during, their time engaged in Apprenticeships or Further & Higher Education. Helping to develop independence & decision-making skills, as well as improving mental health.

# Go Further... Go Higher

**Move  
Forward With  
Confidence**

**Set &  
Achieve  
Goals**

**Plan  
Your  
Route**

**Access  
Support &  
Advice**

**Explore  
Your  
Options**

**Contact: Sonia**

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- Need Support
- Feeling Anxious
- Need Help With Your Career Path
- Having difficulty moving on
- Fears About Your Future

**cdi** You Talk,  
We Listen  
Croydon Drop In

**NHS**